



EastGroup Properties Announces First Quarter 2026 Earnings Conference Call and Webcast

JACKSON, MISSISSIPPI, March 12, 2026 — EastGroup Properties, Inc. (NYSE: EGP) (the “Company” or “EastGroup”) announced today that it will hold its First Quarter 2026 Earnings Conference Call and Webcast on Thursday, April 23, 2026, at 10:00 a.m. Eastern Time. On the call, senior management will discuss the Company’s first quarter results, current operations, and earnings outlook for 2026.

EastGroup plans to release financial results for the quarter after the market closes on Wednesday, April 22, 2026. The earnings release and supplemental information package will be posted on the Company’s website, www.eastgroup.net, at that time.

A live broadcast of the conference call is available by dialing 1-800-836-8184 (conference ID EastGroup) or by webcast through a link on the Company’s website at www.eastgroup.net. If you are unable to listen to the live conference call, a telephone and webcast replay will be available on Thursday, April 23, 2026. The telephone replay will be available through Thursday, April 30, 2026, and can be accessed by dialing 1-888-660-6345 (access code 76507#). The webcast replay can be accessed through a link on the Company’s website at www.eastgroup.net.

About EastGroup Properties, Inc.

EastGroup, a member of the S&P Mid-Cap 400 and Russell 2000 Indexes, is a self-administered equity real estate investment trust focused on the development, acquisition and operation of industrial properties in high-growth markets throughout the United States with an emphasis in the states of Texas, Florida, California, Arizona and North Carolina. The Company’s goal is to maximize shareholder value by being a leading provider in its markets of functional, flexible and quality business distribution space for location sensitive customers (primarily in the 20,000 to 100,000 square foot range). The Company’s strategy for growth is based on ownership of premier distribution facilities generally clustered near major transportation features in supply-constrained submarkets. EastGroup’s portfolio, including development projects and value-add acquisitions in lease-up and under construction, currently includes approximately 65.1 million square feet.

EastGroup Properties, Inc. press releases are available at www.eastgroup.net.

Contact: investor@eastgroup.net